

Guidance for Setting the Angle of the Alignment Stick

**please note these are guidelines only; for more in depth instruction on how to correctly set the angle of the alignment stick please watch the Tutorial Videos on the Members Area at theswingplate.com*

To work on 'Swing Plane' the angle of the Alignment stick should match that of the **club shaft at the address position** of the golfer - see image.

Now that the Stick and Shaft are Parallel you are ready to go. This will produce an angle reading on The Swing Plate if you want to take a note of this for future use for the club of choice.

This angle can also be locked / tightened on the pivot if you are only ever going to use the same club.



Below is a table produced by our PGA Professionals with some Guideline degree setup angles for you. Please note due to every golfer being different heights, stance positions and lie angle of clubs varying from Upright / Standard / Flat, these are guidelines only, so it is always best to match the angle of the cane at your address position by standing close to the plate and using your one hand to move the alignment stick into parallel position whilst still holding the club shaft in the setup position.

PW	9i	8i	7i	6i	5i	4i
<i>Up/Std/Flat</i>	<i>Up/Std/Flat</i>	<i>Up/Std/Flat</i>	<i>Up/Std/Flat</i>	<i>Up/Std/Flat</i>	<i>Up/Std/Flat</i>	<i>Up/Std/Flat</i>
66/64/62	65.5/63.5/61.5	65/63/61	64.5/62.5/60.5	64/62/60	63.5/61.5/59.5	63/61/59

* UP - If you are quite tall or have longer than "standard" length clubs its likely your irons have an "Upright Lie Angle"

* Flat - If you are quite short or have shorter than "standard" length clubs its likely your irons have an "Flatter Lie Angle"